

## 2008 Parents Forever Registration

Name: \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Class Dates Attending: \_\_\_\_\_

Birthdate \_\_\_\_\_



Name of other parent involved \_\_\_\_\_

Is there any reason this person should not be in the same class?  Yes  No

Reason \_\_\_\_\_  
Restraining Order, High Conflict, Domestic Abuse

Number of Children Involved: \_\_\_\_\_

Children's Ages: \_\_\_\_\_

County Court case being filed in: \_\_\_\_\_

Make checks payable to and send this form to:



UNL Extension in Hall County  
3180 W Highway 34, College Park  
Grand Island, NE 68801  
mfox1@unl.edu

Enclosed is \$40 per person registration fee. \_\_\_\_\_

Send form and payment at least one week prior to class date. Money must accompany registration.



2008



## Parents Forever

Education For Families in Divorce  
Transition

and

### Kids Talk About Divorce



An educational program for school-age children experiencing divorce.

For more information contact  
University of Nebraska- Lincoln Extension in:

Hall County  
3180 W Highway 34, College Park  
Grand Island, NE 68801  
308-385-5088  
mfox1@unl.edu



## Parents Forever

### What is Parents Forever?

**Parents Forever** is an educational course for parents who are in the process of divorce, or who are interested in custody modification or paternity proceedings.

The program will help parents understand the **impact of the divorce on their children** and provide concrete actions that parents can take to **help their children succeed through a divorce.**

### Workshop Topics...

1. Adjustment to parental separation
2. Conflict management negotiation
3. Issues of developmental ages and stages
4. Safe transitions between homes
5. Defining abuse and neglect
6. Improving communication: "I" Messages  
Active listening.
7. Developing a Parenting Plan

The University of Nebraska-Lincoln does not discriminate on the basis of gender, age, disability, race, color, religion, marital status, veteran's status, national or ethnic origin, or sexual orientation.

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and United States Department of Agriculture

## 2008 Class Dates and Locations

<u>Date</u>	<u>Time</u>
March 20	1:00-5:00 pm
April 15	5:00-9:00pm
May 13	1:00-5:00 pm
June 26	5:00-9:00 pm
July 17	5:00-9:00 pm
August 14	1:00-5:00 pm
September 25	5:00-9:00 pm
October 28	1:00-5:00 pm
November 20	5:00-9:00 pm
December 18	1:00-5:00 pm
<b>Class Fee is \$40.00 per person</b>	

Grand Island Classes are held at:  
UNL Extension in Hall County  
3180 W Hwy. 34, College Park, Grand Island

This meets the requirements of the Nebraska Parenting Act as amended by LB 554 in 2007.



# Kids Talk About Divorce

## What is Kids Talk?

Kids Talk is an educational course for children ages 6-18 experiencing divorce. It is offered at the same time as Parents Forever at selected sites.

KTAD is not available at this site. For more information or to find a KTAD class, contact UNL Extension at 308-385-5088 or 402-762-3644.

For a complete list of statewide Parents Forever and Kids Talk About Divorce classes, check out:

[www.lancaster.unl.edu/family](http://www.lancaster.unl.edu/family)

For additional information:

<http://Hall.unl.edu>

## Questions commonly asked by children of divorcing parents.....

“Why are you and Mommy getting a divorce?”

“Is it my fault?”

“Will we ever live together again?”

“When will I see my Dad?”

“Why do we have to move?”

Divorce isn't caused by kids, but they are caught in the middle of it for the rest of their lives. What can we do to build skills and strengthen character for kids of divorce?

## We teach.....

1. The process of separation or divorce
2. Communication and coping skills
3. Recognition of stages of grief and loss
4. Conflict management skills
5. Rights and responsibilities of children of divorce
6. Interaction between parent and child on emotional issues

Each youth will be treated with respect and confidentiality. Once registered, the youth will be expected to complete the educational program.

## Bill of Rights for Children in Divorce Action

The right to be treated as important beings, with unique feelings, ideas and desires.

The right and the freedom to receive love from and express love for both parents.

The right to express love and affection for each parent without disapproval by the other parent.

The right to know that their parents' decision to divorce is not their responsibility.

The right to continuing care and guidance from both parents.

The right to honest answers to questions about the changing family relationships.

The right to know and appreciate what is good in each parent without one parent putting down the other

The right to have a relaxed, secure relationship with both parents. Cannot use one parent against the other

The right to visit the parent without threats, punishment or other offers of more fun by the custodial parent.

The right to be able to experience regular and consistent visitation and the right to know the reason for a canceled visit.

This meets the requirements of the Nebraska Parenting Act as amended by LB 554 in 2007.